

## Foreword

### 前言

---

This issue marks a milestone of CAET as it is becoming an open access journal from now on. Many people see open access as the future for the academic publishing. The new format of CAET will enable us to disseminate knowledge more widely and effectively to readers and colleagues worldwide. As a result, our authors will get much bigger exposure with their articles. To convert the journal into open access requires more determination, commitment as well as creativity from the executive editorial committee (EEC) including myself. At the same time, it opens many opportunities for us to explore in the future. I want to thank our EEC members for their constant and firm support during this process.

This issue contains contributions from authors from different regions with highlights on Asia. Two articles were written by Chinese authors, one on music therapy, one on Korean drum dance. Then comes a very interesting piece on interweaving indigenous Philippine dance and music and western classical music for recovery and wellbeing. The book review on Art Therapy in Asia from Dr. Debra Kalmanowitz confirms again that Asian history and culture provide a rich turf for arts therapy practice and research. This issue sees the first contribution from a Russian psychologist on ecological expressive therapy, which offers us an opportunity to look at the environment from the Russian perspective.

CAET will start a new journey with open access. I would encourage each of you to get more involved with our journal, not only as a reader, but also as an author writing an article or sharing your inspiring idea and opinions via our new CAET website. With open access, we will further facilitate our open research and international collaboration across borders.

Tony Yu Zhou, Ph.D, CMA  
Inspirees Institute, China  
Executive Editor  
Nov 16, 2017

CAET本期标志着我们期刊的一个里程碑，因为它从此成为一本开放获取期刊。许多人将开放获取视为学术出版的未来。CAET新的模式将使我们能够更加广泛和有效地向全世界的读者和同行传播信息和知识。我们的作者和他们的文章也将获得更高的曝光率。将期刊转换为开放获取，需要包括我自己在内的执行编辑委员会 (EEC) 有更多的决心、承诺和创造力。但同时，它也为我们探索未来开辟了许多机会。我要感谢我们的EEC成员在此过程中给予的持续和坚定的支持。

本期内容包含来自不同国家和地区的文章。两篇文章由中国作者撰写，一篇关于音乐治疗，一篇关于韩国珍岛鼓舞。接下来是一篇非常有趣的文章，介绍了菲律宾土著舞蹈、音乐和西方古典音乐用以灾后身心疗愈和康复。对Debra Kalmanowitz博士撰写的《亚洲艺术治疗》的书评再次证实，亚洲历史和文化为

艺术治疗的实践和研究提供了丰富的土壤。本期还迎来了来自俄罗斯心理学家的第一篇关于表达性生态治疗的文章，让我们的读者有机会从俄罗斯的视角来审视我们的环境。

CAET将开启一个开放获取时代的新旅程。我鼓励您更加积极地参与我们的期刊建设，不管是作为作者投稿还是通过我们的CAET新网站栏目分享您富有建设意义的想法和意见。通过开放获取，我们将进一步促进我们跨界的开放研究和国际合作。

周宇博士，认证动作分析师  
CAET执行主编  
2017年11月16日