

## 1. Arts in/as Therapeutic Practice

- 1.1. The Poem by *Beth McGuinness*
- 1.2. Yarn Wrapping Sticks by *Jacinta McAvoy*
- 1.3. Double Guru by *Amanda Levey and Rachel Grimwood*
- 1.4. A Living Quilt by *MAAT Year 3 Whitecliffe Students*
- 1.5. The Imperative for a Daily Reflective Practice by *Nona Cameron*
- 1.6. Making Sense of Poietic Presense by *Deborah Green*
- 1.7. If I Could Write Poetry by *Daniela Gonzalez-Bea*

Deb, the thread which feels most alive in the first group is the use of arts in/as therapeutic practice. There are here poetic reflections, journaling practice, yarn wrapping and companioned engagement with/in the natural world; students creatively reflecting upon their experiences of learning therapeutic arts' practice and making sense of that in a creative response. Finally, there are two articles that focus on the value of therapeutic reflective practice in support of maintaining and holding multiple roles of therapist, researcher and educator.

*Lacing these pieces together; Stacey, I spy a theme relating to how we centre ourselves in our arts making and arts-based work. I notice, as I read, that my eye is snagged by ideas such as using the arts to land in a space – to playfully layer, to widen the field of play, to multi-voice, to be with hauntings through poiesis, to decentre and incubate and to find words to awaken the magic of the everyday.*